



GOOD MORNING

SOUR DOUGH, WHITE, GRANARY OR GLUTEN FREE TOAST 3 (v)
butter and house preserves

PASTRY OF THE DAY 2.5 (v)

FRESH FRUIT SALAD 8 (vg)

CONTINENTAL BREAKFAST 13 (v)
pastry of the day and toast, pressed orange or grapefruit juice, filter coffee, tea or herbal infusion

ENGLISH BREAKFAST 20
two native breed eggs, pork sausage, bacon, black pudding, field mushroom, tomato, beans, toast
Choice of filter coffee, tea or herbal infusion

SMOKED BACON OR SAUSAGE BAP 8

PORRIDGE MADE WITH MILK OR WATER 6/8/10 (v)
plain / banana / mixed berries

TWO NATIVE BREED EGGS WITH TOAST 7 (v)
fried / scrambled / poached / boiled

BIRCHER MUESLI, MIXED BERRIES 10 (v)

GREEK OR COCONUT YOGHURT, BERRIES AND GRANOLA 10 (v)(vg)

FRENCH TOAST, CREAM CHEESE, BANANA AND NUTELLA SANDWICH 10 (v)

CRUSHED AVOCADO, RYE TOAST, CHILLI AND MINT 10 (vg)

THREE EGG OMELETTE, TRADITIONAL OR EGG WHITE ONLY 11 (v)
choice of filling - ham / cheese / mushroom / spinach / tomato

EGGS FLORENTINE OR BENEDICT/ROYAL 11/13 (v)

POACHED NATIVE BREED EGGS, SMOKED SCOTTISH SALMON,
CRUSHED AVOCADO, SOURDOUGH TOAST 15

SIDES *all 3*

PORK SAUSAGE SMOKED BACON BLACK PUDDING HASH BROWN (v)
BAKED BEANS (v) GRILLED TOMATO (v) FIELD MUSHROOM (v) CRUSHED AVOCADO (v)

JUICES & SMOOTHIES

ORANGE, APPLE OR GRAPEFRUIT 5 CARROT, ORANGE AND GINGER 6
SPINACH, APPLE, KALE AND CELERY 6



BREAKFAST